



Activities Unlimited General Meeting April 12, 2016

1:00 PM at the WRC in Heneveld Hall

Our guest speaker for the April General Meeting will have a slightly unusual topic. I think many of us have heard about “bee hive die off” and probably appreciate how important bees are to our agriculture output. Without bees, the world would starve. Frank Mortimer is President of the Northeast NJ Beekeepers Association. He is an expert on bees and beekeeping. He will share with us information about the importance of bees in our ecology; and their role in commercial agriculture and their contributions to our local gardening efforts. He will talk about the challenges bees are now facing due to the changing environment as well as the threat of bee-hive die off. For those of us who might be interested, he will also talk about “how to start and maintain a bee-hive. For many of us, myself included, bee experience is limited to being buzzed at summer picnics! This should be an informative and fascinating talk. Please join me at the meeting to welcome Frank.

Food Pantry

At the March meeting \$129.00 was collected for the food pantry.

Please remember that WRC is a smoke-free environment.
This includes E-Cigarettes.

Note from the President

Since we reinstated the "Suggestion Box", we have had some excellent new ideas. For example, **Fred Theile** has suggested we recognize a club Chairman who distinguishes himself at AU. **Joe Lamela**, the leader of the AU Garden Club, is such a person. So, Fred was more than willing to prepare the following write-up outlining Joe's contributions.

"Joe has been a Master Gardener for over 25 years, and a member of AU since 1998. He is the longest serving Club Chairman, doing this for 17years!! He certainly knows his Craft!"

Every meeting is standing room only, Joe stimulates us with various "how to" clinics about gardening. Then he opens the floor to questions and tough problems, and coolly provides his expertise in every aspect of gardening. He also prepares us in advance to anticipate the seasonal changes, and what needs to be done. And he offers suggestions where to find seeds, fertilizers, and plants from local sources. Lastly, Joe has sponsored some great visits to his own garden in Saddle River, various different local flower shows, and local arboretum nature walks.

Thanks, Joe, for your dedication, detailed preparations, demonstrations and sharing your gardening knowledge and expertise with us on the first Wednesday of each month at 10:00 AM at the WRC. All AU members are invited to attend."

One last note, WOW, the new Photography Club got off to an outstanding start. There were 16 enthusiastic members at the first meeting, with a wealth of knowledge being exchanged. If you want to learn more, come to the next meeting. Check the calendar on the AU website for the date and time.

Thank you for your continued support. **George Lewis, President**



	COMMITTEES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Vince Tortorelli	201-447-2261 201-447-3718	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	ED Foldessy Wes Cheringal	201-327-5767 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 923-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 923-248-6625	Mon 9:00
Historian	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
History	Pablo Catangay	201-684-1217	
Investment	Al Connelly Herb Umland	973-616-0755 201-891-6638	Thru after the AU General Meeting 9:30
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri	201-847-1981	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photographer	OPEN		
Photography	Ed Trerotola Mike Hurd	201-236-1368 201-891-1374	
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	3rd Fri 9:30
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco Dave Burleigh	201-891-7185 201-485-8923	MWF
Transport.	Frank Nusspickel OPEN	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

	OFFICES		MEETING
President	George Lewis	201-891-5883	2nd Tue 1am
1st Vice-Pres.	Tom Butler	201-934-8161	
2nd VicePres.	Jim Webb	201-337-7982	
Secretary	Edwin Schlachman	973-423-1459	
Treasurer	Mike Hurd	201-891-1374	
Asst. Treas.	Mark Cohen	201-337-4198	



Duplicate Bridge Results

		1st	2nd	3rd
3/2	NS	Martin/Yampell	Foldessy/Riccardi	Cheringal/Smith
	EW	Milcos/Spence	Warner/Wiest	Page/Pasquariello
3/9		Pasquariello/ Sweetgall	Detrick/Martin	Foldessy/Spence
3/16	NS	Pasquariello/Smith	Freimuth/Gattoni	Martin/Warner
	EW	Wiest/Yampell	Foldessy/Sweetgall	Lewis/Spence
3/23	NS	Foldessy/ MacDougall	Freimuth/ Sweetgall	Meloro/Riccardi
	EW	Coughlin/Smith	Wiest/Lewis	Martin/Milcos
3/30	NS	Anand/Douma	Lewis/MacDougall	Foldessy/Yampell Riccardi/Zelhof
	EW	Sweetgall/Wiest	Cheringal/Page	Meloro/Wong

Meeting for "New" AU members

There will be a meeting for new members at 12:30 PM at the WRC (Memorial Room) on the main floor immediately preceding our monthly AU General Meeting. Even if a new member has attended a previous meeting, we would gladly welcome them back to keep them updated.

This is a great way to disseminate information to new members and allow them to ask questions. They can quickly learn more about AU, and it's activities.

Please help spread the word to all new members, so we can help them enhance their AU experience. This provides a good opportunity to meet their fellow new members and a great start to making new friends.

George Lewis 201-891-5883

The deadline for April, 2016 Newsletter articles is 5 PM April 26, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com or mail to: Lou Guarneri
128 MacLeish Court
Mahwah, NJ 07430

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
William Douma (Irene)	705 Timberline Dr. Wyckoff, NJ 07481	Venture Analyst	Book Club, Bridge, Golf, Science and Stock Market	H: 201-891-1773 C: 201-739-5333 Email" wikd@verizon.net

Proposed Amendment to AU By-Laws

The Executive Board has approved the following amendment to the By Laws of Activities Unlimited to be submitted to the membership for a vote. The amended wording is underscored below.

By-Laws, Article VIII, Section 5.

Any member **in good standing as of December 31, 2015 and** who attains the age of 90 by January 1 of the membership year is no longer required to pay annual dues. **Members joining after December 31, 2015 and reaching the age of 90 or more will continue to pay the then established annual dues.**

Background:

AU is fortunate that an ever increasing number of our members remain active in their nineties and beyond. We can estimate that, in the future, continuing to exempt a larger number of such members from paying annual dues would adversely affect the revenue needed to support AU activities. In such case, an increased amount of annual dues would be required of all other members. The policy of exempting members 90 and older from annual dues will continue for all members in good standing as of December 31, 2015. It is anticipated that a membership vote on the amendment will be taken at the April General Membership meeting, which follows publishing the proposed amendment in two issues of the AU Newsletter.

Activities Unlimited

Spring Luncheon

May 10, 2016, 12 Noon, \$25 pp

Indian Trail Club



Make checks payable to: **Activities Unlimited**
Mail to: **Jim Webb**, 970 Pines Terrace, Franklin Lakes, NJ 07417

The Camera Club



The first meeting of newly resurrected Camera Club was held on March 11, 2016 in the upstairs conference room of the WRC. The group has a few folks who are really knowledgeable and a few of us who just want to do a better job at taking pictures of the grandchildren and the family dog. Please join us on Friday April 15, 2016 at the upstairs conference room of the WRC.

If you need anything you can reach me at:

Mike Hurd, (201) 891-1374

or by email:
msjs1146@yahoo.com



The Book Club

Books for April:

- * LOVING FRANK - Nancy Horan
- * THE OREGON TRAIL - Rinker Buck
- * BEING MORTAL - Atul Gawande

MAYFLOWER (Nathaniel Philbrick) recommended by **Jerry Hult** tells, in a very detailed way, the story of the Pilgrims who landed in Plymouth MA in 1620, their harrowing passage across the Atlantic, and what really happened between the Pilgrims and the Native Americans. Both sides benefited from great leadership but after 50 years of relative peace a fierce war broke out between the two sides leading to the near-destruction of the Native American population.

ROAD ENDS (Mary Lawson) a novel recommended by **Joe Infosino** relates the story of a dysfunctional family in northern Ontario, Canada, in the late 1960's. As the story progresses the main characters start to develop some insight into their self destructive behavior and the reader holds out hope they will eventually reverse the downward spiral of their lives. Interesting and well written.

GHETTOSIDE (Jill Leovy) recommended by **Joe Clinton** describes the crisis of black on black homicide in South Central Los Angeles. It's told through the story of African-American Bryant Tennale, the 18 year old son of a homicide detective, who is murdered in a drive-by shooting. The case is eventually solved, but with great difficulty, as it is nearly impossible to get witnesses to testify. The author provides insight into the socio-economic problems that lead to such a high murder rate, for example, 1/3 of state prisoners have mental problems. Some of the initiatives being taken to reduce crime are also described. Well researched and well written.

Books for May:

- * THE LOVERS - Rod Nordland
- * THE NINE - Jeffrey Toobin
- * THE LONGEST WINTER - Alex Kershaw

Our next meeting is April 13 at the Larkin House (380 Godwin Ave., Wyckoff).

All AU members are welcome to attend, whether or not you've read any of the books mentioned above. Come check us out.

Joe Clinton

bhagan185@aol.com



Public Discussion Group

At the March 18, 2016 meeting the group enjoyed another informative and friendly discussion at its March meeting. The topics were timely and dealt with whether the Constitution was a "living document" and what were the reasons for gridlock in Washington. The group had a number of different views with some favoring the "originalist" approach of the late Justice Scalia and others favoring a more interpretative approach. There was general agreement that some flexibility was needed because times had changed so dramatically since 1789.

Similarly, with respect to gridlock, the group shared many different opinions. Some thought that the divide between extreme left and extreme right made compromise impossible; others pointed to the fact that elected officials spent too little time in Washington, didn't move families there and didn't interact at a social level with colleagues because of the need to raise campaign money.

This, in turn, led to a discussion of term limits. There was a general consensus that little would change unless more Americans got out and voted.

Members can read more about the meeting on the AU website.

The next meeting is on Friday, April 15th at 9:30 at Larkin House.

Topics are: Is Gov. Christie addressing the problems facing NJ? and How is Islamism effecting American culture and thinking?

TD Bank Agreement

We are pleased to inform you we have completed the arrangements with TD Bank that makes Activities Unlimited a member in the TD Affinity program. The AU member number is AH005. (That is letters A and H followed by the number zero-zero-five) The name on the account is Wyckoff Reformed Church--Activities Unlimited.

For anyone who opens a new TD checking account AU will be credited with \$50 after one year of the account being open. In addition, if the person opening the account either refers to coupon code 20005 or has/gets that coupon they will receive \$25 which they can either keep or, if feeling in a generous mood, donate to AU.

Existing checking accounts do not qualify for this bonus but getting the AH005 number attached to your account will give AU a \$10 gift every year.

Savings accounts and/or Certificates of Deposit can also be marked with the Wyckoff Reformed Church-Activities Unlimited number (AH005). For those accounts, AU receives one-tenth of one percent of the average annual balance in the savings account/certificate of deposit. That donation to WRC-AU does not impact the yield of the savings account or the CD.

Mike Hurd (201) 891-1374 can answer any questions you might have about the program but please remember we get NO INFORMATION about who is in the program or what the balances they hold. This information is NOT available to us.

By the way, you do not have to be an AU member to mark a TD account for donation to WRC-AU. Anyone else in your family or friends can also pledge support to us (just tell the TD rep that you want to support Wyckoff Reformed Church-Activities Unlimited, Affinity member number AH005).



The Golf Club

The AU Golf Group will start their 2016 season on Tuesday, April 5th, with play at Wallkill Golf Course in Middletown, NY.

Golfers will meet by 7:15 AM at the WRC Parking Lot to form foursomes and car pool to the course. The cost for a round with cart is the same as last year, \$35.00

Other scheduled events for the Group are;

Tuesday, June 21st- Annual Memorial Outing at Apple Greens Golf Club

Tuesday, August 9th- Annual AU/Hobbyist Golf Match

More information on the above events will be provided once details are finalized, but keep your schedules open.

If anyone has a question contact **Bruno Bissetta** at 201-891-7567.

Obituaries

Evelyn Christie, wife of AU member **Charles Christie**, passed away on March 12, 2016

Edna Cascardo, wife of AU member **Charles Cascardo**, passed away on March 20, 2016



The History Club

The next History Club meeting is April 25, 1 PM—Hiroshima and Nagasaki Revisited.

71 years ago, after the bombing of Hiroshima and Nagasaki, the debate among historians and scholars alike surrounding the event, concerns the legal, ethical and military controversies. The fundamental question that has divided the scholars over period of 7 decades is whether the use of the atomic bomb was necessary to achieve victory in the war in the Pacific on terms satisfactory to the United States. Supporters of the bombing believed it caused Japanese surrender, preventing massive casualties on both sides in the planned invasion of Japan. The estimated casualty among the invading allies ranged from 1.7 to 4 million of whom 400,000-800,000 dead, while the Japanese fatalities would have been around 5 to 10 million. Those who opposed bombings cited a number of reasons for their views, among them: a belief that atomic bombing was fundamentally immoral, that the bombings counted as a war crimes, that they were militarily unnecessary, that it constituted State terrorism. So the debates goes on-----and so, what do you think? Let us hear your view by attending this meeting.

In February, "A Little Bit of Middle Ages History" was presented by **Walt Widmer**. The presentation dealt mostly with the history of Europe, starting with the beginning of Christianity, the rise of Constantine the Great to power and the fall of the Roman Empire. In 330 C. E., Constantine the Great moved the capital of the Roman Empire to Byzantium and re-named it Constantinople (now Istanbul, Turkey), in his honor. The Byzantine Empire remained there for over 1000 years and was the strongest, largest and wealthiest city in Europe. Black Death was also mentioned.

History of Slam was briefly mentioned and the conquest of the Byzantine Empire by the Ottoman Turks under Sultan Mehmed II on May 29, 1453. Questions, answers and comments followed the presentation. Great job by Walt.



Science

The Science Club

The next Science Club meeting is April 16, 2016

As noted last month we were all saddened by the loss of **Bob Saletta**, who started our Science Club almost 10 years ago. Again, his leadership made it into the meaningful organization it is today.

Thank you to Dr. Ligresti for his talk on the State of the Art for management of Barrett's Esophagus disease. He spoke about the several stages of the disease, and the urgent need for early detection. It should be mentioned, that we were able view his very professional talk on the new Overhead Projector. The new Projector has been purchased by AU and is mounted on the ceiling in the Upstairs Room. Note that it requires use of PC--we were able to borrow a PC from the Church, but we should supply our own. Note that since WI-FI is available, videos from Internet can be used in future talks (along with DVDs and Flash Drives).

At the April 19th Meeting (Tuesday 10AM), Barry Ginsberg will speak on Diabetes. This disease is of interest to us all.

On May 16, **Bob Talan** will return and speak to us on the 'Periodic Table'. It should be a excellent update for us all.

On June 21, Dave Ingersol will speak on 'Sense of Smell'. Again,

I would like to thank those who were at the February meeting and offered to give the talks above, as well others planned for the fall.

Since there was not sufficient interest in a return trip to the Museum of in Natural History NY at this time, we may plan a Car Pool trip in the fall to see the new exhibit on DInosaurs, featuring the Titanosaur, the fossils of which were found in the Patagonian Desert in Argentina in 2014.

Finally, thank you to our Co-Chairmen, **Ed Schlachman** and **Bob Talan**, as well as **Don Fairbairn** who has done our Attendance, Records and Member contacts. Again, thanks to all those made presentations and attended our meetings.

Jack Yurasek (201-337-4433) Email--JYURASEK@AOL.COM

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP don't wait till it's too late.

FRIDAY, APRIL 22-25, 2016 — 4 Day Trip To Virginia Beach. CANCELED

THURSDAY, April 28, 2016 — NEW YORK BOTANICAL GARDEN. We will see the Orchid Show first followed by a 1 hour Guided Tram Tour of Gardens, Lilacs and Daffodils should be in bloom. This will be followed by a lunch at Mario's Restaurant on Arthur Ave. The menu will consist of Salad, Penna Marinara, choice of entrée [**Veal Parmigiana, Chicken Francese or Filet of Sole Scampi style**], served with Vegetables, Mini Pastries and Coffee. There will be two wines per table. Entrees must be preselected prior to trip (**please include your choice with your check**), a color coded ticket will be issued for your choice. We will make some time for shopping on Arthur Avenue after lunch. We are using a 49 passenger bus, so we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 8:45 AM. for Botanical Garden. The cost is \$80. per participant. Please send your check made out to Activities Unlimited directly to: **Dick Botta** 413-1D Bromley Place, Wyckoff, NJ 07481. 201-848-9001

Tuesday, May 10, 2016 — Annual Spring Luncheon/Dance at Indian Trails

Doors will be open at 12:00 noon and a buffet lunch served at 12:30. Please sign up well in advance of May 10th, so we can plan the buffet and number of tables required. **Checks for \$25 per person should be made payable to Activities Unlimited and sent directly to: Jim Webb, 970 Pines Terrace Franklin Lakes NJ 07417. (201) 788-9085**

Thursday, June 23, 2016 — "Men's Beefsteak Dinner" — Brownstone, Patterson

Starts at 6:00 pm and ends 10:00 pm. The cost is \$48 pp and includes all food, beer, soda and gratuities. Any AU member who wants to tell GOOD jokes will have their opportunity. Drive or car pool to the Brownstone. **Your check for \$48.00 per person should be made payable to Activities Unlimited and sent directly to: Jack Coughlin, 187 Paterson Ave, Apt 313, Midland Park, NJ 07432**

JULY 13, 14 & 15, 2016: AMISH COUNTRY TOUR, 3 days, 2 nights. Includes the Show Samson @ the Sights & Sounds Theater in Lancaster, PA & a visit to the Strasburg Museum RR Station & a Train Ride. A guided Tour of the Amish Countryside including a Smorgasbord Dinner at the Shady Maple. 2 nights lodging, Dinners, Bus & Gratuities. Bus leaves WRC at 8:30 am on July 13. Cost \$360. pp. **Reservation and you check must be received by April 23, 2016. Make checks payable to "Activities Unlimited" and mail to: Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430, Tel: 201-825-5843**

NOTE: This trip is open to family and friends of AU members.

THURSDAY, August 18, 2016 - Viva Las Vegas at the Stony Hill Inn, Hackensack, "The King is Back and Better than Ever!" Join us for a special tribute to "Elvis", plus the Joe Zisa Band along with their great Las Vegas Review. Family style luncheon (three entries), two comp drinks, salad, dessert, coffee, tea, soda. Show starts at 11am and ends at 3pm. Your check for \$47.00 pp should be made payable to Activities Unlimited and sent to: **Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430. Tel. 201-891-1873.** Dance, dine and enjoy an exciting afternoon. **Don't be left out. Send your checks in ASAP.**

SEPT Wine Tasting party—September 15, 2016

THURSDAY, October 6th- German Festival- Ehrhardt's -Hawley, Pa. Tap your toes or sing along to the Joe Lastovica Band playing a spirited mix of German music, old favorites and contemporary classics. Heidi the Bavarian Beer Girl will be back along with Marty Keller and his Alpine Horn & Bavarian act. The fun never stops. Trip includes Transportation, Dinner, Dancing and German Show. Bus leaves WRC at 8:30am and departs Ehrhardt's at 3:30pm. Coffee and Apple Streusel cake on arrival. Strudel making demo. Open Bar (beer, wine, soda). Family Style German Meal (3 entries) and Apple Strudel a la Mode. **Cost of trip is \$60 pp.** Send your check payable to Activities Unlimited to **Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430.** Questions contact Don at 201-891-1873.

THURSDAY, November 17, 2016-Westchester Broadway Theatre Luncheon and Matinee Show-SATURDAY NIGHT FEVER. Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves! Saturday Night Fever is one of the most loved dance stories of all time. Packed with over twenty legendary hits from the Bee Gees including the classics *Stayin' Alive, Night Fever, Jive Talking, You Should Be Dancing* and *How Deep is Your Love*, to name a few. The cost is \$80.00 per person and includes Show, Luncheon, Bus Transportation, Tips for bus driver and waiter. We are using a 49-passenger bus, therefore, we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 9:45am sharp and return by approximately 5:00pm. **Last date for receipt of paid reservations is 10/15/16.** Please send your check made payable to ACTIVITIES UNLIMITED to: **Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430 Tel 201-529-4784**

December—Christmas Party



First-Class Mail